

At Cedar Girls' Secondary School, the eTeens programme will be implemented as follows in 2026:

Topics/Lessons	Programme Learning Objectives	Time Period (e.g. Term 3 Week 9)
Mass Talk delivered through a pre-recorded video	<ul style="list-style-type: none"> • Raise awareness and provide knowledge on: <ul style="list-style-type: none"> a) Sexually transmitted infectious diseases (STIs and HIV): what it is, how it spreads, how to prevent infection mainly through ABC (abstinence, being faithful, correct, and consistent condom use), consequences and impact b) Skills for respecting boundaries (e.g. decision-making, assertiveness, negotiation to say 'no' to peer pressure) c) Managing relationships and risky situations in a healthy way, including avenues for help-seeking. 	Term 3 Week 7
Classroom-based Lesson	<ul style="list-style-type: none"> • Learn to negotiate their way out of a risky situation by applying skills of assertiveness and responsible decision-making 	Term 3 Week 8